



The Sports Club

www.TheSportsClubFourSeasons.com

December 2006/January-February 2007

Sportsline

Welcome back to Cottonwood Valley!



The Cottonwood Valley Course is scheduled to reopen on December 30. Visit the website for more information.

Top: CWV grounds crew mowing Hole #5.

Middle: Water feature, traps and greens of CWV Hole #9.

Left: A view of Hole #16 from the top of the tee box.

007⁵

NEW YEAR'S EVE
12.31.06

The Sports Club - Upper Level
6:00 p.m. - \$65
8:30 p.m. - \$140

RSVP to Membership Services
at 972.717.2525

Chairman's Corner

— BOB SWANSON, CHAIRMAN OF THE BOARD



There are certainly a lot of exciting changes and improvements taking place at our Club. I want to make sure that all of you have an opportunity to express your

opinions and feelings, and know that your suggestions will be addressed.

The committee system we have in place has been very effective in initiating many of the improvements that have taken place over the years. With our six committees and the Board of Governors, we have over 60 dedicated members representing our interests at the Sports Club. To keep things fresh with new ideas, approximately one third of each committee and one half of the Board is newly elected each year. All of these hard working men and women solicit your input.

This Board has worked hand in hand with our management staff to keep you informed and up to date on all issues taking place at our club. Please let us hear from you!

Welcome New 2007 Committee Members!

BOARD OF GOVERNORS:

Mike Gunn
Rick Mills
David Johnson
Robin Sims

FITNESS COMMITTEE:

Lilia Guzman
Katy Cleary
Bob Chrampanis
Kerry Neal
Pilar Cordova
Fabrizio Mancini
Jennifer Jones

GOLF SERVICES COMMITTEE:

Greg Roemer
Jeanne Petit
Jay Nisbet

SOCIAL FOOD & BEVERAGE COMMITTEE:

Jennifer Davis
Beth Prewitt
Bonnie Wagner
Troy Perkins

TENNIS COMMITTEE:

Amy Dabbous
Tom Pritchett

GREENS COMMITTEE:

Jimmy Wickham
Dave Patterson
Greg Imlach
Jane Murphy
Margie Hogan
Doug Welch



Experience More During the Holidays!

Invite your family and friends to stay at Four Seasons Resort and Club for the holidays! The hotel is offers a special holiday package for Sports Club members and their guests through **January 2**. Your reservation will include a \$100 resort credit when staying two nights and a \$200 resort credit when staying three nights. The promotion is valid Thursday through Sunday only.

To reserve a room, call Reservations at 972-717-2499. To receive your "Experience More" credit, please inform the reservation agent that you are a Sports Club member.

Club Management

EXECUTIVE OFFICE

Rob Cowan, *Club Manager*
Sheryl Pickle, *Office Manager*
Vail Thrasher, *Member Relations Manager*

SALES

Tim Powers, *Director of Sales*
Lanikai Lindsey, *Membership Sales Manager*
Amy Crowell, *Golf Sales Manager*

GOLF

Paul Earnest, *Director of Golf*
Kevin Golding, *CWV Head Professional*
Tim Cusick, *Director of Golf Instruction*
Rodney Cook, *Head Golf Instructor*
Jay Winegar, *Junior Golf Director*
John Cunningham, *Director of Golf Course Operations and Landscaping*
Lance Bailey, *TPC Superintendent*
Rusty Wilson, *CWV Superintendent*

TENNIS

John Mullman, *Director of Tennis Instruction*
Jennifer Owen, *Sports Manager*

FITNESS

Robin Scott, *Director of Sports*
Carrie Rogers, *Fitness Manager*

KIDS FOR ALL SEASONS

Jill Gellepes, *Kids For All Seasons Manager*

www.TheSportsClubFourSeasons.com

RESTAURANTS

Brian Sommer, *Director of Club Food and Beverage*
Dennis Espina, *Club F&B Manager*
Edgar Kano, *Club Chef*

BOARD OF GOVERNORS

Bill Good
Mike Gunn
David Johnson
Rocco Macri
Mike Puls
Robin Sims
Bob Stegall
* Bob Swanson

* Chairman



The Sports Club

4200 North MacArthur Boulevard
Irving, Texas 75038
972.717.2525
www.TheSportsClubFourSeasons.com

Club Information

Membership Services/Executive Office 972-717-2525
Fitness Desk 972-717-2560
Kids Club 972-717-2570
Golf Shop 972-717-2530
Tennis Shop 972-717-2540
Spa & Salon 972-717-2440
Locker Room 972-717-2468
Private Reserve Line 972-717-2591
Club Sales 972-717-2520

Club Schedule

FITNESS AND TENNIS FACILITY
Monday-Friday, 5:30 a.m. – 10:00 p.m.
Saturday-Sunday, 6:30 a.m. – 9:00 p.m.

MEMBERS LOUNGE
Monday-Friday, 7:00 a.m. – 9:30 p.m.
Saturday, 7:00 a.m. – 9:00 p.m.
Sunday, 7:00 a.m. – 8:30 p.m.

RACQUETS
Monday-Saturday, 8:00 a.m. – 4:00 p.m.
Lunch Service: 11:00 a.m. – 3:00 p.m.

FAMILY POOL
Monday-Friday, 5:30 a.m. – 10:00 p.m.
Saturday-Sunday, 6:30 a.m. – 9:00 p.m.
No lifeguard on duty

KIDS FOR ALL SEASONS
Monday - Thursday, 8:30 a.m. - 8:00 p.m.
Friday - Sunday, 8:30 a.m. - 5:00 p.m.
Kids Night In Fridays, 6:00 p.m. - 9:30 p.m.

GROUP EXERCISE SCHEDULE
The Group Exercise Schedule is available at Membership Services or on the Fitness section of www.TheSportsClubFourSeasons.com.

Hours may vary on holidays and for special events.



Cool Recap...

From all the employees at Four Seasons Resort and Club, we want to thank the members of the Sports Club for so generously supporting our Four Seasons for Life - Cool October events. Our goal at the Resort for the entire month's events and celebrations was to raise a record breaking \$200,000 for the Irving Cancer Center at Baylor Medical Center at Irving. And, we met our goal!! The money will be used towards the purchase

of a **Full Field Digital Mammography** machine used in the earliest detection of breast cancer. We expect the equipment to be operational in March 2007. A portion of the proceeds also will be used for continuing education for oncology nurses and physicians, as well as new equipment for the treatment of prostate and colorectal cancers.



In closing, a special thanks to the Irving Healthcare Foundation Board of Directors and Staff. The Foundation helps direct charitable funding on behalf of Baylor Medical Center at Irving and helps spread the word about the healthcare needs in our community. Visit the Foundation's web site at www.irvinghealthcare.org. You may also visit our new Four Seasons for Life web site at www.FourSeasonsForLife.com to learn more about Four Seasons community initiatives.



Club Scene

- ROB COWAN,
CLUB MANAGER

The Next Exciting Chapter!

As your Club Manager, nothing makes me more proud than to see the way our members have embraced the improvements we made to our Club over the last several months. But the next chapter is equally as exciting. As you know, within just a few weeks we'll be celebrating the completion of our Cottonwood Valley renovation with a grand opening on New Year's Eve day. And not long after that, we'll announce details of our plans to perform a major redesign and infrastructure upgrade of the TPC following the EDS Byron Nelson Championship in late April.

And while all those plans are underway, we'll be taking on a major renovation of our Men's Tennis and Fitness locker room. The remodel will be on par with the remodeling of the Men's Golf locker room. Elegant tile floors, new lounge furniture, cozy carpet, larger showers and other great amenities are all planned. Then, during the second half of the year, we'll refurbish the Fitness Center and Kids For All Seasons. You'll see everything from new spin bikes and cardiovascular exercise equipment to new artwork in the Fitness area. In Kids For All Seasons, we promise your kids will want to return again and again to experience the new activities and energy in "their" space.

Still in the conceptual stage is a longer range plan that includes a total redesign of our Family Pool site to resemble a large entertainment swim park with slides, fountains, diving boards and expanded areas for families to spend the day playing, dining and swimming.

All of this is designed to propel our Club into being the best of its kind in the area and in the country. The transition in ownership from USAA to BentleyForbes has been seamless and a true testament to the integrity of these two great companies. BentleyForbes is excited about our future and has challenged us as managers to lead the way into a new era for our Club. I can't wait to turn the page...



Membership News



Jeanne Petit and Janine Kantz
– WGA Monster Matchplay,
October 28-29

Tournament Results

Parent/Junior Golf Tournament October 8, TPC

Black Division: 15 and older, 18 holes CHAMPIONS

Ron and Luke Thacker 70
RUNNER-UP

Lucian and Landon Tujague 74

Blue Division: 14 and under, 18 holes CHAMPIONS

Craig and Phillip Rosengarden ... 72
RUNNER-UP

Mike and Emily Collins 81

Red Division: 11 and older, 9 holes CHAMPIONS

Witt and Clifton Fadal 38

Green Division: 10 and under, 9 holes CHAMPIONS

Trip and Will Kuehne 35
RUNNER-UP

Aaron and Paolo Gentry 41

Costa Rica – Unlimited Golf Package

A perfect package for the avid golfer – enjoy unlimited golf on the spectacular Arnold Palmer signature course, with rolling fairways and large contoured greens framing views of the Pacific Ocean and bays. Tee it up in a lush tropical setting and enjoy the sights, sounds and challenges of a course that winds along the edges of the Papagayo Peninsula.

This package includes:

- Luxurious accommodations
- Breakfast for two daily in Papagayo or through In-Room dining
- Unlimited golf with cart for two
- Complimentary use of practice range for two
- Two 30-minute private golf lessons per room
- Unlimited use of tennis facilities



- 5 Nights minimum stay:

Rates from \$940 (1/3/07 - 4/27/07)

Rates from \$760 (4/28/07 - 8/31/07 and
11/17/07 - 12/21/07)

Rates from \$715 (9/1/07 - 11/16/07)

Rates listed are for Garden category accommodations, per room, per night, based on single or double occupancy, subject to availability. Tax and Resort charge are additional.

Advance reservations are required. Blackout dates apply. All offers are subject to availability at time of reservation. Offers are not valid in conjunction with any other offer or contract and do not apply to groups. Rates are per room, per night, vary by arrival date, and do not include taxes and gratuities unless otherwise noted. Rates are subject to change.

2006 SENIOR CLUB CHAMPIONSHIPS

September 30, TPC

MENS CHAMPION GROSS: **Mike Puls** 69&68 - 137

2ND GROSS: **Dan Mangini** - 155

3RD GROSS: **Roger Beynon** - 158

FLIGHT 1 MENS LOW NET: **Bill Nardiello** - 137

2ND NET: **Tony Jimenez** - 145

FLIGHT 2 MENS LOW NET: **Bill Kantz** - 145

2ND NET: **Mike Gunn** - 151

LADIES CHAMPION GROSS: **Janine Kantz** -188

2ND GROSS: **Diane Fannon** - 190

3RD GROSS: **Lydia Karney** - 191

LADIES LOW NET: **Barbara Davis** -149

SUPER SENIOR LOW GROSS: **Joe Cleary** - 160

SUPER SENIOR LOW NET: **Mike Boyd** - 144

2ND NET: **Bob Taylor** - 152

CLOSEST THE PIN

TPC #5: **Bill Kantz**

TPC #17: **Bill Bolger**

TPC # 2: **Mike Puls**

TPC # 13: **Kent Fannon**



Barbara Davis, Janine Kantz, Lydia Karney
and Diane Fannon



Bill Nardiello, Dan Mangini, Joe Cleary, Mike Puls,
Mike Boyd and Bill Kantz



Introducing John Cunningham... The Sports Club proudly introduces our new

Director of Golf Course Operations and Landscaping, John Cunningham. Prior to joining the Four Seasons executive golf management team, Cunningham served as Golf Course Manager of the prestigious Black Diamond Ranch Country Club in Lecanto, FL from 2002 to 2006. Its Quarry course was ranked No. 3 in the state. Prior to this, he was Golf Course Superintendent at Martin Downs Country Club in Palm City, FL, a private residential golf facility that hosts the PGA First

Stage Tour Qualifying School. He was named a Certified Golf Course Superintendent by the Golf Course Superintendents Association of America (GCSAA) in 2004. His other professional affiliations and awards include: GCSAA/BASF Innovative Superintendent Award 2006, USGA Regional Conference – Educational Speaker 2005, Seven Rivers Golf Course Superintendents Association – Board of Directors Member since 2003, GCSA National Convention – Educational Speaker 2003/2006, Treasure Coast Golf Course Superintendents Association – Board of Directors Member 2000-2001, Florida Turfgrass Association since 1998, United States Golf Association member since 1998, and GCSAA member since 1994.

Your Seasonal Golf Tip...

– TIM CUSICK, DIRECTOR OF GOLF INSTRUCTION

Every once in a while you need to take a step back and look at your game in order to improve. There's a wide array of areas to examine to complete your assessment. The main areas I look to are: course management, short game, full swing, equipment, fitness and how you manage your emotions. Each of these areas is key to shooting lower scores. As the end of the year winds down, give yourself an honest assessment in each area. If one or more aren't up to your standards, then make it a goal for 2007 to improve that category. Sometimes the little things, like being more flexible or having your clubs properly fitted, make a big difference. Once you've made your assessment, be committed to the improvement. The change won't happen overnight. Make a conscience effort to improve, and you'll have a better chance to shoot lower scores in 2007.



Four Seasons staff gather around the first tee to support Paul Earnest's golf marathon for Cool October.



Bill Nardiello, Bob Swanson, Jay Nisbet, Bob Sander - CWV Pro Am, September 9



From The Tee

ROD COOK, HEAD GOLF INSTRUCTOR

To shoot lower scores, tee up on the same side as the trouble, and aim away from it.

Exclusive Six-Lesson Package

Enjoy 6 one-hour lessons with Rod Cook or Jay Winegar for the bargain price of \$480!



Jay's Juniors

JAY WINEGAR, JUNIOR GOLF DIRECTOR

One of the most popular questions I get from parents is when they should get their kid(s) started in golf. My answer has always been the same. Whenever they become interested!

Age does not matter. Proper fundamentals and having fun are a great way to start!

Four Seasons Golf Team members Mary Cathryn Rau and Daniela Acosta having fun during a Team event on TPC!



Upcoming Events:

COTTONWOOD VALLEY CELEBRATION 2007

Saturday, December 30

CWV

Ribbon cutting at 9:30 a.m.

Shotgun at 10:00 a.m.

Help us open your new course in style with a very special opening celebration. The format will be a social outing for golf where each group will be hosted by a member of the Four Seasons Staff. The tournament and events are weather permitting. We need a daytime high temperature above 50 degrees to open. Invitation and details coming soon...

RED HOT OPEN

Saturday, February 17

CWV

Be really cool, there's only one rule: Come out and play and have a fun day. Play the ball, one and all. Six holes scramble, six holes best ball. Modified alternate is the last, as you will recall. Keep the ultimate goal in sight. The winning team is in the light. Best dressed in red, a prize does win, so does closest the pin. Bring a foursome or we'll do it for you. Ladies do not have to play from the blue. Five low nets we hope to pay...lunch is a highlight of the day. \$55 per person is the fee. Come and join us on the tee!

Tennis

Upcoming Events

Save the Date!

2007 Club Singles Racquetball Championships

Monday, February 5 –

Thursday, February 8

5:00 p.m. – 9:00 p.m.

\$45 per player, includes balls, awards, food and beverage.

Championship draw with first round consolation.

Players may play in two divisions.

Register by February 3 by calling 972-717-2523.



The classy ladies of the 8:00 a.m. Classic Sculpt group exercise class.

Wallyball

Ever been interested in learning to play wallyball? Well here's your chance!

We are now setting up wallyball on Thursday evenings from 6:00 p.m. – 8:00 p.m. on the racquetball courts.



Sports Shorts...

– ROBIN SCOTT, DIRECTOR OF SPORTS

I want to extend a sincere "thank you" to all members who have participated in club activities over the past year. We have enjoyed a record year for participation in Tennis, Group Exercise, Personal Training, Kids For All Seasons and Junior Programming. We couldn't do it without you!

Let's finish the year off in style at the last Tennis Happy Hour of the year on **December 15**. It will be a great way to escape the holiday rush and spend a couple of hours enjoying fun tennis, friendship and laughs with your favorite tennis partners.

Heading into 2007...look for the return of the very popular Fit For Golf exercise class on the Group Exercise Schedule. This off-season program focuses on developing strength and flexibility to improve your golf swing.

Mark your calendars for the Team Tennis Pro Shoot Out on **January 27**. This is one of our most popular tennis events of the year. Great tennis, great food, great friends and great fun!

To start your year off right, take advantage of our wide range of group exercise classes. A well-rounded exercise program should include a mix of Strength Training, Cardiovascular Training and Flexibility. There are several classes each week that meet each of these requirements. Check out the January schedule of classes or ask a fitness professional which classes are best suited to help you meet your health and wellness goals.

Finally, I wish you all the very best for the holiday season and a healthy start to 2007!



Charles Holbrook, Bob Stegall, Robin Scott, Brett Johnson - Cool Tennis Marathon



Beth Coggins, Robin Scott, Monica Jorns-Haskins, Kynell Brown - Cool Tennis Marathon

Congratulations to The Sports Club 2006 Club Doubles Racquetball Champions!

CHAMPIONS:

Victor Arias & Frank Morogiello

RUNNERS-UP:

Guillermo Trevino & Ricardo Brauer

THIRD PLACE:

Doug Overbeck & Al Sikes

"TIE":

Doug Metzger & Stanley Teen



Champions – Victor Arias & Frank Morogiello



Runners-Up – Guillermo Trevino & Ricardo Brauer



Do you know your personal trainers?

Erin Cooper

EDUCATION: B.A. in Marketing, University of Texas at Arlington

CERTIFICATIONS: Certified Personal Trainer – The Cooper Institute in Dallas; Biomechanics of Resistance Training and Nutrition – The Cooper Clinic; Aerobics and Spinning, Pre and Post Natal Fitness – Aerobics and Fitness Association of America (AFAA)

SPECIALTIES: Weight loss, increasing lean muscle mass and bodyfat reduction.

PERSONAL INTERESTS: Traveling, teaching classes and helping her clients reach their fitness goals

Brian Morse

EDUCATION: B.S. in Kinesiology, University of North Texas

CERTIFICATIONS: ACE Personal Training and CPR

SPECIALTIES: Body shaping, bodybuilding and sport specific strength and conditioning

PERSONAL INTERESTS: Creating programs for the novice and challenging the advanced fitness level clients

Andrew Reyes

EDUCATION: B.S. in Kinesiology, University of North Texas

CERTIFICATIONS: American College Of Sports Medicine-Health Fitness Instructor, National Strength and Conditioning - Certified; Personal Trainer, Cooper Institute for Aerobics Research - Biomechanics of Strength Training

SPECIALTIES: Special populations, overall conditioning
PERSONAL INTERESTS: Attending sporting events, church activities and reading

Steven Gonzales

EDUCATION: Health Studies, Tarrant County College

CERTIFICATIONS: National Academy of Sport Medicine (NASM), IFPA – Sports Nutrition Specialist Certification, Red Cross CPR and First Aid Certified

SPECIALTIES: Sports specific training, weight loss, body sculpting, high school sports conditioning, marathon preparation, general fitness and increased flexibility.

PERSONAL INTERESTS: Watching and playing sports, snowboarding, mountain biking, surfing, soccer, fishing, hunting, and traveling

Brad Davis

EDUCATION: B.S. in Exercise and Sport Sciences, Texas Tech University

CERTIFICATIONS: Advanced Physical Fitness Specialist - The Cooper Institute for Aerobics Research; Certified Golf Fitness Instructor - Titleist Performance Institute

SPECIALTIES: Golf specific training, exercise programming, meal plans, shoulder stabilization and functional training

PERSONAL INTERESTS: Golf, traveling with family and boating

Randy Wolf

EDUCATION: B.S. in Exercise Science, University of North Texas

CERTIFICATIONS: American College of Sports Medicine, National Academy of Sports Medicine, Cooper Institute for Aerobics Research, White Lotus Yoga Foundation

SPECIALTIES: Injury recovery, total body conditioning, weight management, sports specialty training (tennis, running, etc.) and general fitness programs

PERSONAL INTERESTS: Off-road cycling, running, tennis and golf

Winter Racquetball Leagues

MONDAY EVENING

January 8 – March 19

4:30 p.m. – 8:30 p.m.

For all levels of play

WEDNESDAY MORNING

Women's Racquetball

January 10 – March 19

10:00 a.m. – 11:30 a.m.

For all levels of play

TUESDAY AND THURSDAY

“Early Bird”

January 9 – March 19

6:00 a.m. – 7:30 a.m.

For all levels of play

Arrange your own match

SATURDAY MORNING

Men's and Women's

Doubles Racquetball

January 13 – March 16

10:00 a.m. – 11:30 a.m.

For all Open, A & B players

Winter “Softball” Squash Leagues

MONDAY NOON

January 8 – March 19

11:30 a.m. – 1:30 p.m.

For Advanced A or A+ players

TUESDAY EVENING

Men's and Women's

January 9 – March 19

5:00 p.m. – 8:00 p.m.

For beginners and intermediate players

MONDAY AND WEDNESDAY

“Early Bird”

January 8 – March 19

6:00 a.m. – 7:30 a.m.

For all levels of play

WEDNESDAY EVENING

January 10 – March 19

4:30 p.m. – 8:30 p.m.

For intermediate and advanced players

All leagues are round robin format. (Entry deadline is January 7) League entry fee is \$55 and includes balls, awards and a player party at the conclusion of the league. Please register with Racquetball and Squash Professional Nick Thurman by calling 972-717-2523.

Culinary



Lydia Karney, Mike & Pat Boyd -
Wild Turkey cocktail

Member Cocktails

All members are invited to enjoy complimentary draft beer and hors d'oeuvres.

HOLIDAY SURVIVAL

Friday, December 8

6:00 p.m. - 8:00 p.m.

Byron's

\$6 Peppermint Schnapps
& Hot Chocolate

\$6 Bourbon & Egg Nog
Holiday Treats

ICE COCKTAIL

Friday, January 12

6:00 p.m. - 8:00 p.m.

Byron's

\$6 Vodka Sleds
Arctic Treats



Richelle and Kerry Neal, Kate Shema,
Bob Chrampanis - Chocolate
Decadence Cocktail.

Mardi Gras for Sweethearts

Valentine's Day - Wednesday, February 14

Member's Lounge

\$68 per person, plus tax and gratuity

Join us for a romantic dinner for two with New Orleans flavor. Price includes a four-course dinner with wine & something for your sweetheart. RSVP at Membership Services or by calling 972-717-2525.

Mardi Gras

Member Dinner

Sunday, February 25

7:00 p.m.

Byron's

\$50 per person, plus tax and gratuity.

Buffet stations and wine included.

Bring your Krewe out to The Sports Club to celebrate Mardi Gras! You don't have to be in the French Quarter to enjoy feasting, dancing, music, color, king cake and hurricanes. Indulgence is required. For more information, visit www.thesportsclub-fourseasons.com

New Year's Eve - 007

Sunday, December 31

The Sports Club - Upper Level

EARLY SEATING

6:00 p.m.

Three-course dinner with wine

\$65 per person before December 15

\$75 per person after December 15

007

LATE SEATING

8:00 Martini Reception (shaken, not stirred)

8:30 p.m. Four-course dinner with wine

\$140 per person before December 15

\$175 per person after December 15

Live entertainment, Monte Carlo style Casino,
and Champagne Toast at midnight

RSVP online or call Membership Services at
972-717-2525. To view the menu, visit us online
at www.thesportsclubfourseasons.com

Enjoy a special member rate on lodging
at the hotel...\$155 per night!

Club Culinary

Introducing International Theme Night

Beginning Thursday, December 7 thru 2008

Member's Lounge

Enjoy regional specialties from around the world! Each Thursday night presents a new destination.

Turkeys-To-Go

Sunday, December 24

11:00 a.m. - 2:00 p.m.

All of your traditional favorites without the hassle.

\$185 per meal - feeds eight

Party Platters-To-Go

Saturday, December 23 - Monday, January 8

Let us prepare your game day snacks so that you can focus on the football.

The Club Casual Sunday Brunch

Beginning Sunday, January 7

Member's Lounge

Enjoy an upgraded seafood and salad buffet, along with entrees prepared to order in the kitchen. And don't forget the pastries for every sweet tooth! Kids are welcome to enjoy the crafts and activity station.

Super Bowl Party

Sunday, February 4

Member's Lounge

Complimentary draft beer before half-time. Come out and enjoy game-day food specials, and don't forget Party Platters-To-Go.

Academy Awards Gala

Sunday, February 25

Member's Lounge

Roll out the red carpet and put on your best party dress. Prizes will be awarded for the Best Dressed and Worst Dressed of 2007. Rob Cowan will be performing the role of Joan Rivers. There will be complimentary martinis for all who dress in "character"...

For more information on all Club culinary activities, visit us online at

www.thesportsclubfourseasons.com or call Membership Services at 972-717-2525.

Porto: Beyond Stilton and Walnuts



– JAMES TIDWELL, FOUR SEASONS SOMMELIER

The classic pairing of tawny Porto with Stilton and walnuts at the end of a long formal dinner party is one that endures. That Porto is seen as having such limited use is unfortunate. Several styles exist, providing numerous opportunities for enjoyment. Two basic styles are vintage and tawny. Vintage Porto is based on the harvest of a single year, and the wines are aged in oak for only a couple of years.

Therefore, these wines rely on the intense quality of the fruit. They need to be decanted before serving, either because the young wine needs to breathe or because the old wine has sediment. Tawny Porto is aged in oak casks for longer periods, and relies on a balance of fruit and caramelized notes. They do not need to be decanted as the time in cask has both mellowed them and precipitated any sediment. Tawny Porto is labeled as 10-, 20-, 30- or 40-year old (the earthiest, with the most caramelized note). Both of these basic styles are appropriate at the end of a meal. However, other uses can be found. Try chilling a bottle of tawny Porto for an aperitif or for afternoon sipping. Or, try the “recipe” of my friend who prefers to have her vintage Porto poured over vanilla ice cream!

Ferreira 1983 Vintage Porto – Liquid candy! A sweet, rich style of Porto with loads of cassis, blackberry and dark cherry flavors. This wine is about power and fruit. The tannins are mild, so the wine does not feel astringent...just warm (from the alcohol), sweet deliciousness.

Dow’s 10-Year Old Tawny Porto – This wine is a nice balance of fig, currant and date fruit flavors offset by the touch of caramel and vanilla from oak aging. This is an excellent example of the style, though Dow’s is traditionally a drier version of Porto than some other houses produce.

Christmas & New Year’s at the Café

CHRISTMAS EVE DINNER

Sunday, December 24

5:30 p.m. – 10:00 p.m. (Buffet)

\$59 Adults, \$23 Children 5-12, plus tax and gratuity

CHRISTMAS DAY

Monday, December 25

Breakfast: 6:30 a.m. - 10:30 a.m.

Price per menu

Brunch: 10:30 a.m. - 2:30 p.m. (Buffet)

\$65 Adults, \$28 Children 5-12, plus tax and gratuity

Dinner: 4:30 p.m. - 8:30 p.m.

\$58 Adults, Children’s menu available

NEW YEAR’S DAY

Monday, January 1

Breakfast: 7:00 a.m. – 11:00 a.m.

Price per menu

Lunch: 11:30 a.m. - 2:00 p.m.

Price per menu

Dinner For Two

January 15 – January 21

Exclusive promotion week for Sports Club members!

Join us in the Café for “Dinner For Two” and enjoy a special menu and wine list. Also, utilize your 25% discount during this week only!



Flint & Beth Prewitt, Kate & Bob Shema
- Moroccan Oasis member dinner

Theme Week
Chef Katie Natale’s Winter Wonders
January 22 – January 28
Café on the Green

WINE EXPERIENCE

FESTIVE WINES: WINES FOR HOLIDAY MEALS

Friday, December 1

7:00 p.m. - 8:30 p.m.

Café on the Green

\$40 per person, plus tax and gratuity

WINE EXPERIENCE

MODERN CLASSICS: AUSTRALIA AND NEW ZEALAND

Friday, January 5

7:00 p.m. - 8:30 p.m.

Café on the Green

\$40 per person, plus tax and gratuity

WINE DINNER

“DOWN UNDER”

Friday, January 12

7:00 p.m. – 10:00 p.m.

Café on the Green

Price TBA

WINE EXPERIENCE

MODERN CLASSICS: US ABC (ANYTHING BUT CALIFORNIA)

Friday, February 2

7:00 p.m. - 8:30 p.m.

Café on the Green

\$40 per person, plus tax and gratuity

For reservations, please call Café on the Green at 972-717-2420.



Wyatt Goldman



Winston Goldman

Kids For All Seasons Hours:

Monday - Thursday	8:30 a.m. - 8:00 p.m.
Friday - Sunday	8:30 a.m. - 5:00 p.m.
Kids Night In- Fridays	6:00 p.m. - 9:30 p.m.

Kids For All Seasons

Holiday Open House

Saturday, December 9

4:00 p.m. – 6:00 p.m.

Complimentary hors d'oeuvres and drinks

The kids will enjoy arts and crafts, games, pictures with Santa and more. You won't want to miss a chance to visit with friends, and enjoy the holiday fun with the kids!

Note: Kids For All Seasons will close at 2:00 p.m. so that we can get ready for our Open House!

Spy Kids New Year's Eve

Kids and adults alike love our great New Year's Eve parties, complete with Spy Games, dancing, midnight toasts, crafts, movies and so much more! Sign up today, because space is limited!

6:00 p.m. – 1:00 a.m.

\$85 for first child

\$65 for second child

\$35 for third child

New Year's Eve Party and Sleepover (Space is limited)

\$165 for first child

\$85 for second child

\$55 for third child

Ages: 4 years to 13 years

Under 4 years, limited hours only at \$15 per hour (No sleepover and no babies under 12 months of age)

Make sure to bring your own sleeping bag and pillow!

Kids For All Seasons will close at 4:00 p.m. on

New Year's Eve and open at noon on New Year's Day.

Super Bowl Kids Night In

Sunday, February 4

6:00 p.m. - 9:30 p.m.

\$35 for first child

\$20 for each additional child

Kids will enjoy super bowl snacks, dinner, games, crafts and of course they can watch the game and half time on TV. This yearly tradition at Kids For All Seasons is gaining in popularity, so make plans early! See you there!

Spa at Dusk

- Romantic ambiance throughout the Spa for a special evening
- Aromatherapy massage under candlelight
- Couples or Singles packages
- Friday and Saturday from 5:00 p.m. - 9:00 p.m.

ROMANCE PACKAGE - \$325

Aromatherapy Couples Massage

Rose Petals on Tables

Candlelit Room

Romance Gift Bag (Massage Oil, Bath Fizz & Chocolates)

Gratuity included

EVENING OUT PACKAGE - \$495

Aromatherapy Couples Massage

Rose Petals on Tables

Candlelit Room

Dinner for Two at Café on the Green

Menu includes:

Louis Roedrer Brut Premier half bottle

Crab Cakes or Café Salad

Grilled Beef Tenderloin (6 oz.), Gratin

Potatoes and Green Asparagus or Charred

Ahi Tuna Steak, Mizuna Leaves, Crispy

Potato Matches & Sesame-Chili Oil

Chef Randy's Dessert Variation

Gratuity included

SERENITY PACKAGE- \$170

Aromatherapy Massage

Rose Petals on Table

Candlelit Room

Serenity Gift Bag (Massage Oil, Bath Fizz & Chocolates)

Gratuity included

Please call the Spa at 972-717-2401 for reservations.

Coming in December....

The Spa offers massages in the men's golf locker room on Fridays, Saturdays and Sundays. Check with Membership Services for more details or call the Spa at 972-717-2401.

December 2006

Monday Tuesday Wednesday Thursday

*Wishing you a wonderful holiday season
and many blessings in the New Year!*

Friday Saturday Sunday

1 Seafood Night Member's Lounge 6-9 p.m.
Wine Experience Café on the Green

2 Chop House Night Member's Lounge 6-9 p.m.
Wreath Decorating The Gallery 2 p.m.

3

4	5	6 Italian Night Member's Lounge 6-9 p.m.	7 International Theme Night Member's Lounge 6-9 p.m.	8 Holiday Survival Member Cocktail Byron's 6 p.m. Seafood Night Member's Lounge 6-9 p.m.	9 Racquetball/Squash Year-End League Party 5-8 p.m. Tri-Racquets Team Challenge 2-6 p.m. Chop House Night Member's Lounge 6-9 p.m. Holiday Open House KFAS 4-6 p.m.	10
11	12	13 Italian Night Member's Lounge 6-9 p.m.	14 International Theme Night Member's Lounge 6-9 p.m.	15 Seafood Night Member's Lounge 6-9 p.m. Tennis Happy Hour Racquets 6-8 p.m.	16 Chop House Night Member's Lounge 6-9 p.m.	17
18	19	20 Italian Night Member's Lounge 6-9 p.m.	21 International Theme Night Member's Lounge 6-9 p.m.	22 Seafood Night Member's Lounge 6-9 p.m.	23 Saturday, December 23 - Monday, January 8 Party Platters to Go Member's Lounge Chop House Night Member's Lounge 6-9 p.m.	24 Turkeys to Go: 11 a.m.-2 p.m. Members Lounge Closes at 3 p.m. Racquets Closed Christmas Eve Dinner Café on the Green 5:30-10 p.m.
25 CHRISTMAS DAY Member's Lounge Closed Racquets Closed	26	27 Italian Night Member's Lounge 6-9 p.m.	28 International Theme Night Member's Lounge 6-9 p.m.	29 Seafood Night Member's Lounge 6-9 p.m.	30 Chop House Night Member's Lounge 6-9 p.m. CWV Celebration 2007 9:30 a.m.	31 NYE - 007 The Sports Club - Upper Level 6 p.m. - Early seating 8:30 p.m. - Late seating Member's Lounge Closes at 3:00 p.m. Racquets Closed

January 2007

1 NEW YEAR'S DAY	2	3 Italian Night Member's Lounge 6-9 p.m.	4 International Theme Night Member's Lounge 6-9 p.m.	5 Seafood Night Member's Lounge 6-9 p.m. Wine Experience Café on the Green 7 p.m.	6 Chop House Night Member's Lounge 6-9 p.m.	7 The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m.
8	9	10 Italian Night Member's Lounge 6-9 p.m.	11 International Theme Night Member's Lounge 6-9 p.m.	12 Rodeo Member Cocktail Byron's 6 p.m. Seafood Night Member's Lounge 6-9 p.m. Wine Dinner Café on the Green 7 p.m.	13 Chop House Night Member's Lounge 6-9 p.m.	14 The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m.
15	16	17 Italian Night Member's Lounge 6-9 p.m.	18 International Theme Night Member's Lounge 6-9 p.m.	19 Seafood Night Member's Lounge 6-9 p.m.	20 Chop House Night Member's Lounge 6-9 p.m.	21 The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m.

January 15 - January 21 "Dinner For Two" - Café on the Green

22	23 NHL All-Star Game Member's Lounge	24 Italian Night Member's Lounge 6-9 p.m.	25 International Theme Night Member's Lounge 6-9 p.m.	26 Seafood Night Member's Lounge 6-9 p.m.	27 Team Tennis Pro Shoot Out Chop House Night Member's Lounge 6-9 p.m.	28 The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m.
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THEME WEEK Chef Katie Natale's Winter Wonders January 22 - January 28 Café on the Green

29	30	31 Italian Night Member's Lounge 6-9 p.m.				
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February 2007

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			International Theme Night Member's Lounge 6-9 p.m.	Seafood Night Member's Lounge 6-9 p.m. Wine Experience Café on the Green 7 p.m.	Chop House Night Member's Lounge 6-9 p.m.	The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m. Super Bowl Sunday Member's Lounge Super Bowl Kids Night In KFAS 6-9:30 p.m.
5	6	Italian Night Member's Lounge 6-9 p.m.	International Theme Night Member's Lounge 6-9 p.m.	Seafood Night Member's Lounge 6-9 p.m.	Chop House Night Member's Lounge 6-9 p.m.	The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m.
February 5 - 8 Club Singles Racquetball Championships 5 - 9 p.m.						
12	13	VALENTINE'S DAY Mardi Gras for Sweethearts Member's Lounge	International Theme Night Member's Lounge 6-9 p.m. NBA All Star Game Member's Lounge & Pub	Seafood Night Member's Lounge 6-9 p.m.	Red Hot Open CWW Chop House Night Member's Lounge 6-9 p.m. Mardi Gras Member Dinner Byron's 7 p.m.	The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m.
19	20	Italian Night Member's Lounge 6-9 p.m.	International Theme Night Member's Lounge 6-9 p.m.	Seafood Night Member's Lounge 6-9 p.m.	Chop House Night Member's Lounge 6-9 p.m.	The Club Casual Sunday Brunch Member's Lounge 11 a.m.-2 p.m. Academy Awards Gala Member's Lounge
26	27	Italian Night Member's Lounge 6-9 p.m.				

For more information about scheduled events, visit www.TheSportsClubFourSeasons.com

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